

SAFETY/PHYSICAL FITNESS 48/96 Rotation Guidelines	UNION COLONY FIRE/RESCUE AUTHORITY ADMINISTRATIVE REGULATIONS TBD 01/10(N) Page 1 of 1
--	---

PURPOSE

Firefighter and public safety is our first priority. All fire management plans and activities must reflect this commitment. The commitment to, and the accountability for safety is a joint responsibility of all Firefighters, Engineers, Company Officers, Battalion Chiefs, and Chief Officers. Individuals must be responsible for their own performance and accountability. This policy has been developed to act as a guideline for personnel as it pertains to daily activities, sleep patterns, and safety.

SCOPE

This regulation applies to all personnel.

REGULATION

Guidelines for conduction of duties during a given rotation:

- Station routine, apparatus routine and conference call should be conducted the first morning of the rotation, or as soon as possible after training or emergency calls. Station and apparatus should be maintained to operational status throughout the course of the rotation.
- Training will be predominantly scheduled on the first day of the rotation for each shift. There may be factors that affect the ability to provide the training on the first day of the rotation. These factors include but are not limited to: a City holiday falling on the first day of the rotation, a fire department activity that interferes with the training being schedule on the first day of the rotation, facilities used for the purpose of conducting the training may only be available on specific days, or instructor availability. Those factors may require training to be scheduled on the second day of the rotation.
- Fatigue as a direct result of heavy call volume or prolonged incidents that happen during the night hours of the first day of the rotation may affect the rest patterns of personnel on shift. This policy will enable the Battalion Chiefs and Company Officers to make adjustments to the activities on the second day of the rotation based on the sleep patterns of the crews on the first night of the rotation. If on duty crews do not get a suggested five hours of uninterrupted rest, the Company Officer has the discretion to allow crews to continue the rest period the morning of the second day of the rotation accordingly. Guidelines for this discretion will be as follows:
 - Under normal operation, and normal sleep patterns the first night of the rotation, crew members will be required to start the work day at 07:00. This means that crews will be ready for normal duties.
 - When sleep patterns of at least five hours are interrupted on the first night of the rotation, the start time for the crew on the second day should be adjusted by the Company Officer based on hours of rest lost due to call volume or duration of incidents the night before.